



Dr. Walt Mueller  
Zondervan

Dr. Walt Mueller has over 30 years of experience studying adolescents and their culture. His wisdom from his research is brought together in this handy little book that parents may want to have on their shelf. It is easy and quick to read but is full of practical tools that will help you empathetically understand what your teen is going through which will assist you in effectively parenting your son or daughter. Some of the goals of this book are to enable parents to create a smooth adolescent period for your teen and begin to break down the walls of confusion, fear, frustration and misunderstanding between parents and teens. Finally it is a positive bridge builder for parents and teens.

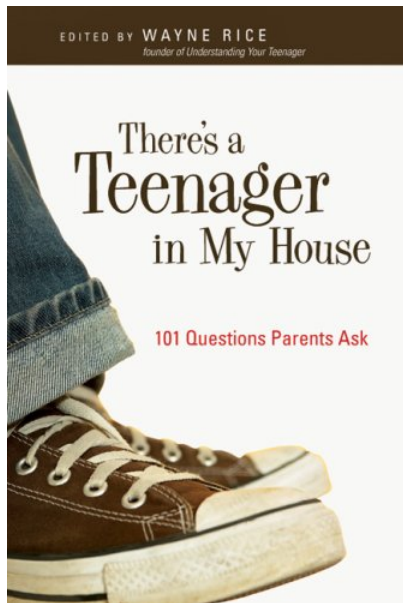
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## Parent Resources



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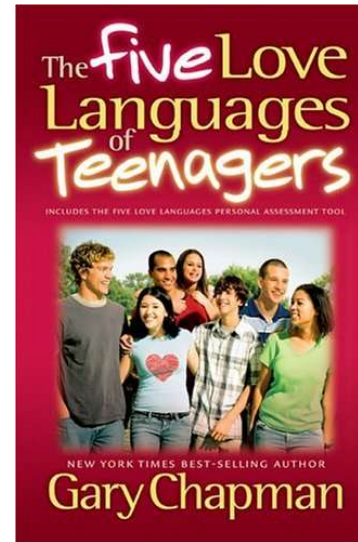
Youth Ministry



Edited by Wayne Rice  
IVP Books

Wayne Rice is the founder of Understanding Your Teenager. In this book he has compiled over a hundred of the most common questions and concerns that parents have about their teens. Questions such as: When is the right age for my teen to start dating? How should I respond when my son/daughter is disrespectful? What do I do if my son refuses to go to church? My kids asked me if I ever used drugs, what should I tell them? Many different youth workers and pastors have contributed to this book; it is an indispensable resource for any parent.

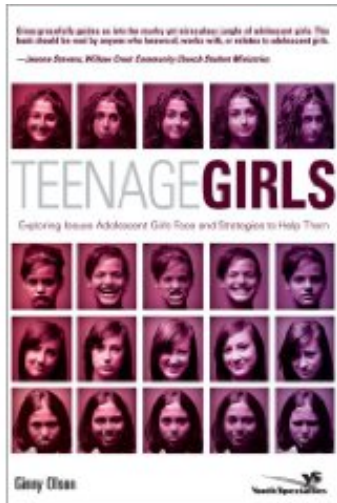
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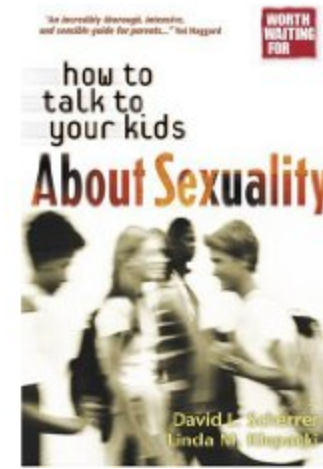
Gary Chapman  
Northfield

Teenagers are hard to figure out. Every parent can attest to that! As teens move through adolescence, their friends start to become very important to them. Teens care very much about how their friends perceive them. But even with this new stage in their development it is still parents who influence their teens the most. The doorway to that influence is Love according to author Gary Chapman. The most important ingredient to the parent/teen relationship is Love. This book discusses how parents can express their love to their individual teen in a way that makes sense to their unique personality, to the way that God has purposefully made them. All teens are different, some need tender words, others desire a gentle touch, a thoughtful gift or a kind deed and yet others need quality time spent together. This book has been around for a long time, but it is an important tool that will help parents love their kids unconditionally.

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Ginny Olson  
Zondervan



David L. Scherrer  
Linda M. Klepacki  
NexGen

Want to get a handle on what make your daughters click?

This book may not have all the answers but it has some! You will get a first person, honest and frank discussion about what it means to be a 21<sup>st</sup> century teenage girl along with suggestions on how to better understand and love them. The traditional topics are discussed in this book (such as eating disorders, self-image issues, depression, etc.) as well as relational issues with friends, parent/teen issues, cognitive issues, sexuality, dating, gender identity, pregnancy and spiritual issues such as faith development and why teens sometimes walk away from the faith of their family.

Ever wonder when that day will come when you have to have "the talk"? You know the one! The one that produces either awkward silences or long drawn out babbling that probably should have ended 5 sentences ago. Well this book may be of some assistance. Our teens no matter how much we may want to deny it *do* think about sex and they talk about sex, just not always with their parents. Inside this book you will find helpful advice on how and when to start the conversation and how to keep it appropriate for the level your teens is at. It hopefully will take the *uncomfortable* out of comfortable and open up some good, effective and biblical dialogue and discussion about this important topic.

Email: [youth@beulah](mailto:youth@beulah)

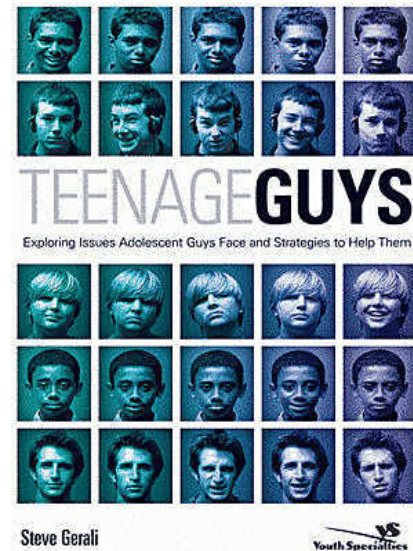
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Roger Cross  
IVP Books

As parents we all have a capacity to make our kids angry. All of us at one time or another adopt certain patterns in our own behavior that can result in negative responses from our kids. Things like, playing favorites, having loose and confusing boundaries or expecting our kids to fill adult roles. This author surveyed more than one hundred students of varied ages and backgrounds and what he found was that although few parents intentionally set out to make their kids angry the fact remains is that some of the things we do affect the way we communicate and relate to our teens. This is a great little book for parents who sincerely want see their relationship with their teens thrive and become better.

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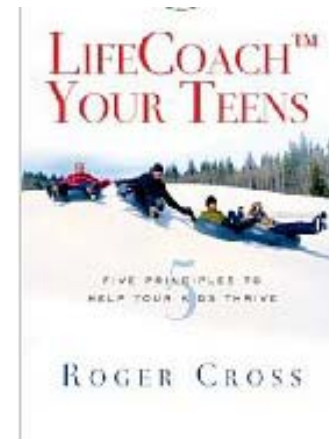
Steve Gerali  
Zondervan

Boys will be boys, that is how the old saying goes. While this may be true it doesn't give parents much help when it comes to trying to figure out what makes them tick. This book informs and teaches about the adolescent development of teenage boys with illustrations from Steve Gerali, an experienced youth pastor and clinical therapist, along with research and findings that will help any parent effectively minister and equip their teenage boys. Concepts such as mentoring and rites of passage are discussed in this book as well as topics like cognitive, social, emotional and spiritual development of teenage boys. The progression through puberty and sexual maturation are also explored. This book will enable parents to better understand what their boys are going through and how they can encourage and help them through this sometimes tumultuous period in their lives so that they will grow into becoming mature, confident Christian young men.

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Pam Stenzel with Crystal Kirgiss  
Zondervan



Roger Cross  
IVP Books

This book is one that you can read together with your son or daughter. It is a frank and open discussion about God's gift of sex within the boundaries of marriage. It is a sympathetic but open approach that is written for girls and boys, chocked full of personal testimonies, medical stats, practical solutions and encouragement with biblical examples included. It provides teens with innovative options to dating situations as well as links and sources for seeking help. Topics such as abstinence versus consequences, physical diseases and emotional consequences, examination of urges, taboo subjects, avoiding sexual activity and awkward situations along with dealing with friends, parents and self-respect.

There is more to life than just surviving! Our teens need to know that success in life is not just about making a living when they get older. It is about living each day to its fullest and one of our jobs as parents is to teach our kids how to live as God intended them to. This book has practical principles to equip parents on how to coach their teens on how to live a life that is vital and healthy. The author explores topics such as dealing with anger and failure, having goals and maintaining a balanced life. The book is compact and extremely easy to read, perfect for those who want to gain some insight without having to spend a lot of time doing it.